

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Assisted Living Activities "September reminds us that every season of life brings its own beauty."		10:00a- Chair Yoga 1 10:30a- Walking Club 1:00p- Chapel w/Pam (Heartland) 2:30p- Balloon Volley 3:30p-Courtyard Chat w/ Friends 6:00p- Evening Movie	10:00a-Therapy Dog visit with Rosie 2 10:00a- Stretch and Flex 10:30a- Walking Club 1:00p- BINGO 2:30p- Name that Tune 3:30p- Whack a Mole 6:00p- Evening Movie	10:00a- Sit and Be Fit 3 10:30a- Walking Club 1:00p- Crafting Corner 2:30p- Noodle Ball 3:30p-Wii Bowling 6:00p- Evening Movie	10:00a- Sit and Be Fit 4 10:30a- Walking Club 1:00p- Entertainment w/Denny Diamond 3:30p- Happy Hour 6:00p- Evening Movie	10:00a- Sit and Be Fit 5 10:30a- Walking Club 1:00p- BINGO 2:30p- Target Toss 3:30p-Wii Bowling 6:00p- Evening Movie
10:00a-Virtual Church Service 6 10:30a- Jazzercise 1:00p-Sequence 2:30p- Fact or Fiction 3:30p- Courtyard Chat w/ Friends 6:00p- Evening Movie	10:00a- Sit and Be Fit 7 10:30a- Walking Club 1:00p- Crafting Corner 2:30p- Snack and Chat 3:30p-Wii Bowling 6:00p- Evening Movie Labor Day	10:00a- Chair Yoga 8 10:30a- Walking Club 1:00p- Courtyard Chat w/ Friends 2:30p- Veteran Group w/Sanctuary 3:30p- Hang Man 6:00p- Evening Movie	10:00a-Stretch and Flex 9 10:30a- Walking Club 12:00p-Casino Outing 1:00p- BINGO 3:30p- Then vrs Now 6:00p- Evening Movie	10:00a- Sit and Be Fit 10 10:30a- Walking Club 1:00p- Name that Tune 2:30p- DIY Bakers Club 3:30p-Wii Bowling 6:00p- Evening Movie	10:00a- Sit and Be Fit 11 10:30a- Walking Club 1:00p- Whack a Mole 2:30p- Activity Planners Meeting 3:30p-Courtyard Visits w/Friends 6:00p- Evening Movie	10:00a- Sit and Be Fit 12 10:30a- Walking Club 1:00p- BINGO 2:30p- Noodle Ball 3:30p-Wii Bowling 6:00p- Evening Movie
10:00a- Virtual Church Service 13 10:30a- Jazzercise 1:00p- Name that Tune 2:30p- Advice from a Grandparent 3:30p- Balloon Volley 6:00p- Evening Movie Grandparents Day	10:00a- Sit and Be Fit 14 10:30a- Walking Club 1:00p- Men's Group Social 2:30p- Courtyard Chat w/ Friends 3:30p-Wii Bowling 6:00p- Evening Movie	10:00a- Balance Class w/Power Back 15 10:30a- Walking Club 1:00p- Resident Council Meeting 2:30p- Hang Man 3:30p-Courtyard Chat w/ Friends 6:00p- Evening Movie	10:00a-Therapy Dog visit with Rosie 16 10:00a-Stretch and Flex 10:30a- Walking Club 1:00p- BINGO 3:30p-Trivia 6:00p- Evening Movie	10:00a- Sit and Be Fit 17 10:30a- Walking Club 1:00p- Courtyard Chat w/ Friends 2:30p- Current Events 3:00p-Entertainment w/Kings of Rock and Roll 6:00p- Evening Movie	10:00a- Sit and Be Fit 18 10:30a- Walking Club 1:00p- Game on: Board Game Social 2:30p- Courtyard Chat w/ Friends 4:00p-OTP Car Show 6:00p- Evening Movie	10:00a- Sit and Be Fit 19 10:30a- Walking Club 1:00p- BINGO 2:30p- Balloon Volley 3:30p-Wii Bowling 6:00p- Evening Movie
10:00a- Virtual Church Service 20 10:30a- Jazzercise 1:00p- Game on: Board Games w/Friends 2:30p- Trivia 3:30p- Target Toss 6:00p- Evening Movie	10:00a- Sit and Be Fit 21 10:30a- Walking Club 1:00p- Crafting Corner 2:30p- Nails and Tales 3:00p- Vets Cafe (Heartland) 6:00p- Evening Movie	10:00a- Chair Yoga 22 10:30a- Walking Club 1:00p- Angel Talk w/Mocara/Fall Treats 2:30p- Church Service w/Chaplin Joe 3:30p- Mens Group/Social 6:00p- Evening Movie Autumn Begins	10:00a- Stretch and Flex 23 10:30a- Walking Club 1:00p- BINGO 2:30p- Hang Man 3:30p- Fact or Fiction 6:00p- Evening Movie	10:00a- Sit and Be Fit 24 10:30a- Walking Club 1:00p- Diamond Art 2:30p-Vetrians Support Group "Beyond the Uniform w/Sanctuary" 3:30p-Wii Bowling 6:00p- Evening Movie	10:00a- Sit and Be Fit 25 10:30a- Walking Club 1:00p- Noodle Ball 2:30p- DIY Trail Mix 3:30p-Entertainment w/Korey 6:00p- Evening Movie	10:00a- Sit and Be Fit 26 10:30a- Walking Club 1:00p- BINGO 3:30p-Wii Bowling 6:00p- Evening Movie
10:00a- Virtual Church Service 27 10:30a-Jazzercise 1:00p- Nails and Tales 2:30p- Fact or Fiction 3:30p- Hang Man 6:00p- Evening Movie	10:00a- Sit and Be Fit 28 10:30a- Walking Club 1:00p- Yarn Club w/Transitions 2:30p- Whack a Mole 3:30p- Wii Bowling 6:00p- Evening Movie	10:00a- Chair Yoga 29 10:30a- Walking Club 1:00p- September Birthday Social 2:30p- Game on: Board Game Social 3:30p- Entertainment w/Peter 6:00p- Evening Movie	10:00a-Therapy Dog visit with Rosie 30 10:00a- Stretch and Flex 10:30a- Walking Club 1:00p- BINGO 2:30p- Bingo Buck Raffle 3:30p- Trivia 6:00p- Evening Movie	September 2026 **ACTIVITIES ARE SUBJECT TO CHANGE**		