

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Independent Living Activities "September reminds us that every season of life brings its own beauty."		10:30a- Sit and be Fit 11:00a- Walking Club 1:00p- Chapel w/Pam (Heartland) 2:30p- Courtyard Chat w/Friends 3:30p- Sequence 6:00p- Evening Movie	10:00a- Therapy Dog Visit w/Rosie 10:30a- Chair Yoga 11:00a- Walking Club 1:00p- BINGO 2:30p- DIY Bakers Club 3:30p- Trivia 6:00p- Evening Movie	10:30a- Stretch and Flex 11:00a- Walking Club 1:00p- Diamond Art 2:30p- Nails and Tales 3:30p- Wii Bowling 6:00p- Evening Movie	10:30a- Jazzercise 11:00a- Walking Club 1:00p- Entertainment w/Denny Diamond 2:30p- Courtyard Chat w/Friends 3:30p- Happy Hour/Social 6:00p- Evening Movie	10:30a- Sit and be Fit 11:00a- Walking Club 1:00p- BINGO 2:30p- Courtyard Chat with Friends 3:30p- Wii Bowling 6:00p- Evening Movie
6 10:00a- Virtual Church Service 11:00a- Walking Club 1:00p- Card Club 2:30p- Fact or Fiction 6:00p- Evening Movie	7 10:30a- Jazzercise 11:00a- Walking Club 1:00p- Crafting Corner 2:30p- Courtyard Chat w/Friends 3:30p- Wii Bowling 6:00p- Evening Movie Labor Day	8 10:30a- Sit and be Fit 11:00a- Walking Club 1:00p- Name that Tune 2:30p- Veterans Group w/Sanctuary 3:30p- Game on: Board Game Social 6:00p- Evening Movie	9 10:30a- Chair Yoga 11:00a- Walking Club 12:00p- Casino Outing 1:00p- BINGO w/Transitions 2:30p- Courtyard Chat w/Friends 3:30p- Fact or Fiction 6:00p- Evening Movie	10 10:30a- Stretch and Flex 11:00a- Walking Club 1:00p- Diamond Art 2:30p- Sequence 3:30p- Wii Bowling 6:00p- Evening Movie	11 10:30a- Jazzercise 11:00a- Walking Club 1:00p- Current Events 2:30p- Activity Planners Meeting 3:30p- Happy Hour/Social 6:00p- Evening Movie	12 10:30a- Sit and be Fit 11:00a- Walking Club 1:00p- BINGO 2:30p- Game on: Board Games w/Friends 3:30p- Wii Bowling 6:00p- Evening Movie
13 10:00a- Virtual Church Service 11:00a- Walking Club 1:00p- Card Club 2:30p- Advice From a Grandparent 6:00p- Evening Movie Grandparents Day	14 10:30a- Jazzercise 11:00a- Walking Club 1:00p- Mens Group/Social 2:30p- Courtyard Chat w/Friends 3:30p- Wii Bowling 6:00p- Evening Movie	15 10:30a- Balance Class w/Power Back 11:00a- Walking Club 1:00p- Guess how Many 2:30p- Resident Council Meeting 3:30p- Sequence 6:00p- Evening Movie	16 10:00a- Therapy Dog Visit w/Rosie 10:30a- Chair Yoga 11:00a- Walking Club 1:00p- BINGO 2:30p- OTP: Dementia Support Group 3:30p- Trivia 6:00p- Evening Movie	17 10:30a- Stretch and Flex 11:00a- Walking Club 1:00p- Diamond Art 2:30p- Current Events 3:00p- Entertainment w/ Kings of Rock and Roll 6:00p- Evening Movie	18 10:30a- Jazzercise 11:00a- Walking Club 1:00p- Game on: Board Game Social 2:30p- Courtyard Chat w/Friends 4:00p- OTP Car Show 6:00p- Evening Movie OTP Car Show	19 10:30a- Sit and be Fit 11:00a- Walking Club 1:00p- BINGO 2:30p- Nails and Tales 3:30p- Wii Bowling 6:00p- Evening Movie Oktoberfest Begins
20 10:30a- Virtual Church Service 11:00a- Walking Club 1:00p- Card Club 2:30p- Trivia 6:00p- Evening Movie	21 10:30a- Jazzercise 11:00a- Walking Club 1:00p- Crafting Corner 2:30p- Nails and Tales 3:00p- Vets Cafe w/Heartland 3:30p- Wii Bowling 6:00p- Evening Movie	22 10:30a- Sit and be Fit 11:00a- Walking Club 1:00p- Angel Talk w/Mocara/Fall Treats 2:30p- Church Service w/Chaplin Joe 3:30p- Men's Group/Social 6:00p- Evening Movie Autumn Begins	23 10:30a- Chair Yoga 11:00a- Walking Club 1:00p- BINGO 2:30p- DIY Bakers Club 3:30p- Fact or Fiction 6:00p- Evening Movie	24 10:30a- Stretch and Flex 11:00a- Walking Club 1:00p- Diamond Art 2:30p- Veterans Support Group "Beyond the Uniform" with Sanctuary 3:30p- Wii Bowling 6:00p- Evening Movie	25 10:30a- Jazzercise 11:00a- Walking Club 1:00p- Courtyard Chat w/Friends 2:30p- DIY Trail Mix 3:00p- Happy Hour/Social 3:30p- Entertainment w/ Korey 6:00p- Evening Movie	26 10:30a- Sit and be Fit 11:00a- Walking Club 1:00p- BINGO 2:30p- Name that Tune 3:30p- Wii Bowling 6:00p- Evening Movie
27 10:30a- Virtual Church Service 11:00a- Walking Club 1:00p- Card Club 2:30p- Fact or Fiction 6:00p- Evening Movie	28 10:30a- Jazzercise 11:00a- Walking Club 1:00p- Yarn Club w/Transitions 2:30p- Courtyard Chat w/Friends 3:30p- Wii Bowling 6:00p- Evening Movie	29 10:30a- Sit and be Fit 11:00a- Walking Club 1:00p- September Birthday Social 2:30p- Game on: Board Game Social 3:30p- Entertainment w/Peter 6:00p- Evening Movie	30 10:30a- Chair Yoga 11:00a- Walking Club 1:00p- BINGO 2:30p- Bingo Buck Raffle 3:30p- Trivia 6:00p- Evening Movie	September 2026 **ACTIVITIES ARE SUBJECT TO CHANGE**		

Happy National Housekeeping Appreciation Week! September 13th-19th.